IOWA STATE UNIVERSITY
University Extension

Monona County Extension
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Greetings:

We are pleased to announce the upcoming spring session of the "Strengthening Families" program. In your role, you no doubt know of families who could enjoy and appreciate this incredible family strength building experience. It is offered to families at a time when their teens will face many choices and challenges transitioning into junior and high school. Your help would be greatly appreciated in personally encouraging families to participate. Enclosed is a copy of the registration form along with a fact sheet that reflects the impact and features of the program. Please let me know if you would like additional copies mailed to you or sent electronically.

The Strengthening Families Program originated at Iowa State University and is now used around the globe. Hundreds of facilitators have been trained that are equipped to effectively lead parents and caregivers along with their children through an amazing experience. While the number of times meeting is a commitment, youth frequently say, "Do we have to quit; can't we just keep coming?"

Monona County Strengthening Families details:

Who: 5th & 6th graders along with their parents/caregivers/caring adult.
When: Four Thursday evenings: March 21 and April 4, 11 & 18, 6:00-8:00 PM
Sunday, April 21, 3:30-8:00 PM
Free Meal: Each week at 5:30 PM
Where: West Monona Middle School, Onawa
Sponsors: West Monona School, NW AEA, Monona County Extension, Onawa KIWANIS
Cost: Free
Siblings: Child care is available for younger siblings

Please contact myself or any of the locally trained facilitators if you have any questions.

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Sincerely,

Cheri Hardison
County Extension Program Educator

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